



Holistic Aromatherapy Foundations Certificate Program

Cultivating an aromatic path to health and healing

NCBTMB Provider #:
406071-00
30 CE Hours

1 Evening and 2 Days:
February 26th 6pm to 9pm
February 27 and 28th 9:30am to 5pm

Classes to be held at: Massage Associates LLC

Tuition: \$ 450 early bird registration (pay in full by February 1st)
\$475. registration after February 1st

Tuition includes: Aromatherapy Foundations textbook, all products made in class, distance learning support, case study review, exam, and Certificate.

Study Holistic Aromatherapy with Jade Shutes

Aroma101 Foundations has been designed for those who have a general interest in aromatherapy as well as for those who desire to have a foundation of aromatherapy knowledge prior to moving to a more indepth training program. **This program will benefit:** Massage therapists, Healthcare professionals, Spa practitioners, Retail owners or employees and for general interest/self enhancement. Aroma101 Foundations also provides valuable knowledge to individuals who would like to be empowered in health care options for themselves, family and friends.

Core topics of study include and are not limited to:

- ◆ Discovering Aromatherapy: An Introduction
- ◆ Discover the therapeutic properties of 22 Essential oils**
- ◆ Basic Aromatherapy and the skin
- ◆ The basics of olfaction and the psychology of essential oils
- ◆ Methods of Application and Blending Techniques
- ◆ Homecare and Healthcare with aromatherapy
- ◆ Basic Chemistry of Essential Oils
- ◆ Basic Case study for family, friends and existing healthcare professionals
- ◆ What to do next? Advanced Aromatherapy studies



** You will learn about the following essential oils: Ylang ylang, Roman chamomile, Lemon, Orange, Eucalyptus, Lavender, Lemongrass, Tea tree, Peppermint, Geranium, Rose, Rosemary, Clary sage , Ginger, Cypress, Fennel, Neroli, Frankincense, Grapefruit, Mandarin, Patchouli, and Vetiver.

About Jade Shutes, B.A., Dipl. AT.

Jade holds a Diploma in Holistic Aromatherapy, Holistic Massage, Anatomy and Physiology, and Reflexology from the Raworth College of Natural Medicine in Dorking, UK, and a Diploma in Aromatherapy from the International Therapist Examining board (ITEC). She has studied with Jan Kasmirek of Fragrant Studies and has completed Part One of the Purdue University Advanced Studies of Essential Oils. She has been practicing and studying forms of natural healing for more than a decade, and was one of the vanguard of professionals who helped introduce aromatherapy to the United States. She has been an aromatherapy educator, activist, and practitioner for over seventeen years, opening her first aromatherapy school in the New England area in 1990. She is co-author of the new "Aromatherapy for Bodyworkers" textbook published by PrenticeHall.

**For further information or to register, contact
Lee Anne Blank at: Massage Associates LLC
lablank@aol.com or 301-762-0564**